

Welcome to *TEKTOK*
May 2, 2017

Failure is never as scary as regret.
~Anonymous

Web Sites

World Asthma Day Tue 2nd May, 2017

- *World Asthma Day is an initiative begun in 1998 by the Global Initiative for Asthma, which is an organisation that sets medical guidelines for the control of the disease. A theme is selected annually that raises awareness of the causes and effects of this bronchial condition, which affects approximately 235 million people worldwide.*
- *Organized by healthcare workers in over 35 countries, World Asthma Day focuses on educating the public on what research has found to be the most effective ways of controlling and treating asthma. Past themes have included, 'Reduce the Burden of Asthma.' It is hoped that through education the number of sufferers will drop significantly.*
- *Based on the current theme, GINA provides educational material that is distributed at the many and varied events held to raise awareness. These include sporting events, but future themes could possibly focus on environmental issues affecting sufferers, or demystifying medical research into asthma.*

[Global Initiative for Asthma](#)

We work with health care professionals and public health officials around the world to reduce asthma prevalence, morbidity, and mortality.

Through resources such as evidence-based strategy documents for asthma management, and events such as the annual celebration of World Asthma Day, GINA is working to improve the lives of people with asthma in every corner of the globe.

<http://ginasthma.org/>

[thevisualMD.com: Asthma](#)

Explore deep into the bronchi of the lungs to discover the effects asthma has on the human body.

http://www.thevisualmd.com/interactives_library/asthma/asthma

[KidsHealth: What Happens During an Asthma Flare-up?](#)

Watch this movie to find out exactly what happens during an asthma flare-up.

See the difference between healthy airways and airways of someone who has asthma.

<http://kidshealth.org/en/kids/asthma-movie.html>

Hardware/Software

Restrict what someone can do – and when!

- The Parental Controls in OS X are simple, but there are plenty of options in there – some of which are useful for other things than preventing underage access. You can limit computer use to a certain length of time every day, set a 'bedtime' after which users won't be able to use the computer, limit the functions of the Finder, limit what apps that user can use and more.
- You could, for example, disallow a nervous computer user from modifying the Dock or changing their password.

Hints/Tips

Cover your tracks in Safari

- It used to be in Safari that if you wanted to delete caches and history, you only had the nuclear option: nix everything.
- Since Yosemite, though, when you choose Clear History and Website Data from the History menu of Safari, you get the option of covering your tracks by clearing data from the last hour, today, today and yesterday or, as before, from all time.
- It clears your history from all devices signed into your iCloud account too.

Riddles You Can Tell in Class

- 1 – Why couldn't the athlete listen to his music?*
- 2 – How much do pirates pay to have their ears pierced?*
- 3 – What did the mother broom say to the baby broom?*

- 1 – Because he broke the record!
- 2 – A buck-an-ear!
- 3 – It's time to go to sweep.

This Day in History

Birthdates which occurred on May 3:

1469 Niccolò Machiavelli Italy, politician/writer (The Prince)

1898 Golda Meir [Meyerson] Kiev Ukraine, 4th Israeli PM (1969–74)

1903 Bing Crosby (Harry Lillis Crosby) Tacoma WA, crooner/actor (White Christmas, Going My Way)
1906 Mary Astor Quincy IL, actress (Maltese Falcon, Dinky, Across the Pacific)
1919 Pete Seeger New York NY, folk singer (Weaver, Goodnight Irene)
1920 Sugar Ray Robinson [Walter Smith] middleweight/welterweight boxer (champion)
1936 Engelbert Humperdinck [Arnold George Dorsey] Madras India, singer (After The Lovin', Release Me, Quando Quando Quando)
1937 Frankie Valli [Castelluccio] Newark NJ, singer (Four Seasons–Sherry)
1946 Greg Gumbel sportscaster (CBS TV, WFAN)
1950 Mary Hopkin South Wales, singer (Those Were the Days)
1951 Christopher Cross [Geppert] San Antonio TX, singer (Sailing, Arthur's Theme)

On This Day:

1662 Royal charter granted Connecticut
1802 Washington DC incorporates as a city
1861 Lincoln asks for 42,000 Army Volunteers & another 18,000 seamen
1863 Battle of Chancellorsville–Beaten Union army withdraws
1863 Battle of Fredricksburg VA (Marye's Heights)
1863 Battle of Salem Church VA
1923 1st nonstop transcontinental flight (New York–San Diego) completed
1944 Meat rationing ends in US
1951 New York Yankee Gil McDougald is 5th to get 6 RBIs in an inning
1963 Martin Luther King Jr delivers his "I have a dream" speech
1965 Don Steele, begins a 40+ year radio career at KRTH (Los Angeles CA)
1973 Chicago's Sears Tower, world's tallest building (443 meters), topped out
1979 Bobby Bonds hits his 300th homerun (2nd to have 300 homeruns & 300 stolen bases)
1980 Giants 1st baseman Willie McCovey hits his 521st & final homerun
1991 356th & final episode of CBS 2nd longest running series, Dallas, 2nd only to Gunsmoke
1992 New York Met Eddie Murray is 24th to hit 400 homeruns
1997 Garry Kasparov begins chess match with IBM supercomputer Deep Blue

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